

Abbot John Klassen's private account

From: Abbot John Klassen's private account
Sent: Monday, August 15, 2011 4:19 PM
To: Bik, Michael
Cc: Andert, Tom
Subject: follow-up to our conversation

Hello Michael –

Just a follow up email regarding our conversation this morning.

I affirm your ongoing work with OA and acknowledge the difficult challenge of weight management. It requires discipline and regularity, as well as an understanding of your own nutritional needs. You need to be in the driver's seat with respect to your weight.

I affirm your efforts at regular exercise, both with our confreres in Saint Raphael Hall and in the basement Breuer exercise room.

Over the next two weeks we will work out a clearer job description for you and I will formalize it in the September letter to the community. You mentioned that you don't feel that you had the same public acknowledgement from me that others have had and this has a negative influence on you.

I asked that you request permission of the prior to go into town, noting where you are going, when you are leaving and when you are returning. Simply sending Prior Tom and FYI on these matters is not appropriate or adequate, not compliance with a Safety Plan.

I also asked that you begin a monthly meeting with Prior Tom, letting him know what you need from such a meeting, also being aware of Tom giving both affirmation and challenge. I ask you to initiate these meetings.

We also covered many other topics and observations but I consider these to be the ones requiring ongoing action and attention on our parts.

Peace, Abbot John